

Gandhi Medical College, Bhopal

MBBS 1st Phase (2025-26 Batch)

Foundation Course -2 Weeks Schedule

भोपाल दिनांक 18.9.25

Venue: - New Lecture Hall 01, Department of Biochemistry, Ground floor

Date/Day	09:00AM-10:00AM	10:00AM-11:00AM	11:00AM-12:00 PM	12:00PM-1:00 PM	01:00PM-2:00PM	02:00PM-04:00PM
ORIENTATION (15- Hours)						
22-09-2025 Monday	Pre feedback of Foundation course Dr Priyamvada Kurweti Associate Prof & Dr, H Makwane Associate Prof Curriculum Member	Brief Introduction of GMC (FC 1A) Dr. Subodh Pandey Prof. & Head, Physiology	Overview of MBBS Curriculum, structures and outcomes and its relation to the career pathways (FC 1.7) Dr. Sudhir Pal Prof. & Head Surgery Curriculum Incharge	Welcome & Address of Dean & CEO (Dr. Kavita N Singh) (FC-1.2) Introduction of first phase faculties	Lunch Break	
23-09-2025 Tuesday	Role of yoga and meditation in personal health Dr Sanjeev Jayant	Orientation of students about institutional rules and regulations (FC 1.4) Dr. Shabana Sultan Prof. & Head OBGY Curriculum Member	Understanding role of Doctors in the society and their impact (FC 1.1) Dr.Simmi Dubey Prof. & Head Medicine	Understanding role of IMG and relate it to societal impact (FC1.2) Dr. Bhawna Bhimte Prof. Biochemistry		Visit to physiology dept. Hospital (Hamidia Hospital New Block 1- Dept of emergency, Medicine, Surgery, ortho, Anesthesia, Radio) (FC 1.5) Dept. of Physiology
24-09-2025 Wednesday	Role of yoga and meditation in personal health Dr Sanjeev Jayant	Various career pathways and opportunities for personal growth (FC1.6) Dr Sonia Baweja Prof, Anatomy	Anti-ragging & anit bullying (FC 1.4) Dr Archana Shrivastav Asso Prof Pathology	Awareness of history of medicine and alternate system of medicine (FC1.10) Dr. Hemlata Verma Asso. Prof. Pharmacology		Visit to, Library Block, Virology, CPL and Blood Bank(FC 1.5) Dept. of Biochemistry
		SKILLS MODULE (15- Hours)				
25-09-2025 Friday	Role of yoga and meditation in personal health Dr Sanjeev Jayant	Basic life support in Skill Labs (FC2.1) Dr. Rajni Thakur Asso. Prof. Anesthesia		First aid in a simulated environment Labs (FC2.2) Dr. Yaspal Ramole Prof, Surgery		Visit to Hospital (Hamidia Hospital New Block 2- Dept of OBG, Pedia, Ophtho and ENT) (FC 1.5) Dept. of Anatomy

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26-09-2025 Friday	Role of yoga and meditation in personal health Dr Sanjeev Jayant	Biosafety and Universal precautions (FC2.3) Dr Manish Sulya Prof & Head Pathology	Handling and safe disposal of biohazardous material (FC2.4) Dr Jaya Lalwani Prof., Microbiology	Proper hand washing (FC2.5) Dr Urmila Kesari Prof. Anaesthesia	Sports and extracurricular activities (Role play) Identify discuss physician's role& responsibility to society. Dr. Nazia Dept. of Anatomy
27-09-2025 Saturday	Role of yoga and meditation in personal health Dr. Sanjeev Jayant	Biomedical waste, its segregation and management (FC2.7) Dr. Garima Kapoor Asso Prof., Microbiology	Immunization requirements of health care professionals (FC2.8) Dr Rakesh Shrivastava Asso Prof, Microbiology	Significance of documentation in patients care and proper methods of documentation (FC2.9) Dr Mahim Kosariya Prof., Surgery	MBBS का हिंदी पाठ्यक्रम Dr. Abhejit Yadav Asso Prof. Anatomy
COMMUNITY ORENTAION MODULE (5- Hours)					
29-09-2025 Monday	National health Goals and policies (FC3.1) Dr Padma Bhatia Asso Prof., Community Medicine	National Health scenario demographic socio-cultural and epidemiological issues (FC3.2) Dr Devendra Gour Prof & Head, Community Medicine	Health care system in India(FC3.3) Dr Rama Lodha Assoc.Prof., Community Medicine	Structure and functioning of community health center. (FC3.5) Dr Manju Toppo Prof., Community Medicine	Computer Basics (Interactive PPT E-mail, Social media) (FC 3.4) Dr. Sanjeev Srivastava Asso Prof. Physiology
PROFESSIONAL DEVELOPMENT INCLUDING ETHICS (20-Hours)					
30-09-2025 Tuesday	Role of yoga and meditation in personal health Dr. Monika Gupta Anatomy	Concept of Professionalism and Ethics (FC4.1) Dr. Arun Bhatnagar Prof&Head Burn & Plastic Surgery	Learning pedagogy & its role in learning skills Ethics (FC4.13) Dr. Rashmi Dave Assit. Prof. Physiology	Compassion, Altruism, integrity, duty, responsibility and trust as a virtue of a physician and case discussion (FC 4.2) Dr Poorva Gohiya Assc. Prof Pedia. Medicine	Understanding process & group learning & group dynamics Ethics (FC4.3) Dr. Shikha Basakhiya Assoc.Prof., Physiology
01-10-2025 Wednesday	Role of yoga and meditation in personal health Dr. Monika Gupta Anatomy	Significant & appropriate ways of time management (FC 4.9) Dr. Ashish Gohiya Prof., Orthopedics	Significance and methods of stress management (FC 4.7) Dr J P Agrawal Pof & Head Psychiatry	Consequences of unethical and unprofessional behavior (FC 4.1) Dr Ashish Jain Asso Prof & Head Forensic Medicine	Scope of Medical Research & Institutional Research Facility (FC 1.6) Dr. Pawan Kare Biochemistry
04-10-2025 Saturday	Role of yoga and meditation in personal health Dr. Monika Gupta Anatomy	Use of verbal and non-verbal empathetic communication techniques while communicating with people with disabilities (FC4.5) Dr Ruchi Soni Assoc.Prof, Psychiatry	Importance of interpersonal relationship of working in a health care team (FC4.10) Dr Priyamvada Kurweti Associtate Prof Forensic Medicine	Components of cultural competence and understanding and respect of cultural diversities (FC4.6) Dr Archana Shrivastav Asso Prof Pathology	Sports and extracurricular activities (Patriotic group song) Dr. Chhaya Batham Department of Physiology

Day	09:00AM-10:00AM	10:00AM-11: AM	11: AM-12:00 AM	12: AM-1:00 PM		02:00PM-04:00PM
7-10-2025 Monday	Role of yoga and meditation in personal health Dr. Monika Gupta Anatomy	Accessible healthcare setting for patients with disabilities including universal design Raising awareness of human rights of persons with disabilities (FC4.5) Dr Manjula Gupta Prof., Medicine	Role of Mentoring (FC4.11) Dr Yashveer Kediya Assoc.Prof. ENT	Understanding of different methods of self-directed learning (FC 4.14) Dr Priyamvada Kurveti Associate Prof Forensic Medicine		Sports and extracurricular activities (Debate) Dr. Anuradha R Jain Asso Prof Department of Biochemistry
8-10-2025 Wednesday	Role of yoga and meditation in personal health Dr. Monika Gupta Anatomy	Value of honesty and respect during interaction with peers, seniors, faculty other health care workers and patients (FC4.3) Dr Akhil Bansal Assoc. Prof, Orthopedics	Use of Local Language in patient and peer interactions (FC5.2) Dr. Rekha Wadhwani Prof., OBGY	Post Feedback of Foundation course Dr. H. Makwane Assoc. Prof., Biochemistry		End
9-10-2025 Thursday	Charak Shapath/White Coat Ceremony					

Note for students: It is compulsory to attend all the classes of foundation course.

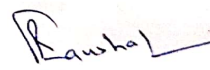
Copy to:-

1. The Dean, Gandhi Medical Bhopal.
2. UG students section in charge, GMC, Bhopal.
3. Head of Department GMC, Bhopal
4. Notice Board, GMC, Bhopal

Note: - If any of the faculty is not available for taking his/her session than he/she should make necessary replacement.



Incharge
Curriculum Committee



Dean
Gandhi Medical College, Bhopal